



SUNDAY 27 OCTOBER

11:30

THE SPIRIT OF THE GREEK GOD®

A complete therapy, designed to rejuvenate body and soul!

Curated by Konstantina Makri, winner of World Massage Championship 2018

12:15

DYNAMIC BODY TOUCH

A technique which gives not only visible results and psychophysical balance, but also a unique experience to the person who receives the massage and to the massage therapist.

Curated by Ivan Conversano, President of European Massage Association

13:00

BODY, MIND AND SPIRIT

The massage technique that acts on the body in a physical, energetical and emotional way.

Curated by Tamer Morsy, founder of Heal of Hand Massage Therapy Londra

14:00

ANNALISA'S SCULPTURE

A modelling treatment that reduces the fat deposits through connective releases and gives the body a more harmonious appearance.

Curated by Annalisa Piccini, ESTETISPA

MONDAY 28 OCTOBER

11:30

THE 108-MOVEMENTS MASSAGE FOR RE-TUNING TO THE FREQUENCIES OF THE UNIVERSE

Characterized by repetitions of manual techniques with specific numeric sequencies and ranges and by particular geometric shapes, it achieves a relaxing and rebalancing effect.

Curated by Roberto Galieti, Trainer, CIDESCO ITALIA

12:15

THE "AMA AIR&EARTH EMOTION" MASSAGE: THE ENERGY THAT FLOWS THROUGH THE BODY, FREES THE MIND AND OPENS YOUR HEART

Through perpendicular pressures on specific points or zones and embracing, fluid and hypnotic maneuvers, the Ama Air&Earth Emotion Massage indulges the soul and frees and rebalances the vital energy by connecting with thoughts and emotions.

Curated by Gabriella Gallinaro, Trainer, CIDESCO ITALIA

13:00

RBM REVITALIZING BODY MASSAGE: «REMISE EN FORME»

A total-body treatment which aims to energize the whole body and soul thanks to active ingredients and specific maneuvers which act deep in the connective tissue and give an immediate feeling of overall wellness.

Curated by Loretta Giudici, Trainer, CIDESCO ITALIA

13:45

DRT MASSAGE: DEEP RELAXING TONING

Thanks to the use of special shaped wooden tools, this technique enables the therapist to carry out muscle-relaxing, somatopsychic, invigorating and draining treatments all in one massage.

Curated by Fabio Scotini, Trainer, CIDESCO ITALIA

14:30

ANNALISA'S SCULPTURE

A modelling treatment that reduces the fat deposits through connective releases and gives the body a more harmonious appearance.

Curated by Annalisa Piccini, ESTETISPA

15:15

DIGITAL DETOX

A treatment which aims to help disconnecting from the digital world, by eliminating toxins that burden your mind and body, without forgetting skincare.

Curated by DERMALOGICA